

## Lunch Menu

### *Appetizers*

#### **Arancini-**

Made with Arborio rice, Parmesan and garlic, breaded in house, then fried to a golden brown & served on marinara with shaved Parmesan. 9

#### **Crispy Calamari-**

Lightly breaded and served with arugula and a mustard cream sauce. 10

#### **Pizza Fries-**

Breaded eggplant fries topped with our signature cheese and pepperoni. Served on a bed of marinara. 7

#### **Provolone Wedges-**

Aged and sliced thick, hand breaded. Served on marinara. 8

#### **Meatballs-**

An Abos' family recipe, a blend of pork, veal, and beef, served on marinara and topped with fresh shaved Parmesan cheese. 9

#### **Philly Cheese Steak Eggroll-**

Strip loin, peppers, portabella mushrooms and American cheese topped with frizzled onions hand rolled and served with spicy ketchup. 11

#### **Stuffed Peppers-**

Fresh Hungarian peppers hand stuffed with our house sausage; served on marinara and topped with our signature cheese. 9

#### **Confit Wings-**

Jumbo whole chicken wings lightly breaded & fried. 7  
-BBQ -Buffalo -Asian Zing -Garlic Parm

### *Fresh Salads*

#### **Side Salad- 6**

#### **Classic Caesar-**

Fresh romaine tossed in creamy Caesar dressing. Topped with croutons and shaved parmesan cheese. 10

#### **BLT Wedge-**

Romaine heart, topped with tomatoes bleu cheese crumbles, red onions, bacon, egg and bleu cheese dressing. 10

#### **House-**

Fresh romaine tossed in rosemary balsamic vinaigrette topped with cherry tomatoes, cucumbers shaved red onions, and parmesan cheese. 9

#### **Kale-**

Massaged in white balsamic vinaigrette. Topped with candied pecans, egg, shaved red onions and bacon. 10

#### **Miso Glazed Salmon Salad-**

Cucumber, tomato, pickled onion, arugula, puffed rice noodle and a honey ginger vinaigrette. 17

#### *Salad Add ons*

Grilled Chicken - 4  
Salmon - 6  
Steak - 6  
Shrimp - 6

### *Soup*

**Italian wedding soup or soup du jour 5**

### *Hand Helds*

All hand helds come with chips or substitute fries (add \$1.50)

#### **Abos Burger-**

1/2 lb brisket burger grilled to your liking on a toasted brioche bun with tomato, lettuce, onion, cheese and red pepper sauce. 10

#### **Stromboli-**

Our house made dough rolled with meatballs, sausage, pepperoni, signature cheese blend and marinara sauce. 12

#### **Calzone-**

Our fresh made dough stuffed with ricotta cheese, Roma tomatoes, fresh mozzarella, spinach and house made pesto. 11

#### **Mingucci Grinder-**

Three of our house made meatballs in a toasted ciabatta bun with sausage, cheese and marinara sauce. 10

#### **Chicken Parmesan-**

Hand breaded chicken cutlet served on ciabatta with marinara, cheese and Arugula. 10

#### **Veal Parmesan-**

Hand breaded veal cutlet served on ciabatta with marinara, cheese and Arugula. 12

#### **Chicken Tawook-**

Grilled chicken, lettuce, onion, french fries, pickled turnip and garlic wrapped in pita bread. 10

#### **Eggplant Parmesan-**

Hand breaded eggplant served on ciabatta with marinara, cheese and Arugula. 8

#### **Flank Steak Pita Wrap-**

Charred flank steak, spinach, black bean hummus and red pepper with an avocado crema. 11

#### **Tuna Melt-**

Albacore tuna, gruyere cheese on toasted rye bread. 10

## Lunch Menu

### *Pizzas*

Sizes	Price	Regular Topping	Premium Topping	Specialty
Large	10	2.25	3.25	16
XLarge	14	2.75	4.25	21

#### **Toppings:**

pepperoni, sausage, mushrooms, caramelized onions, artichokes, roasted red peppers, spinach, roasted tomatoes, broccoli, black olives, banana peppers, garlic butter, jalapenos, BBQ sauce

#### **Premium Toppings:**

bacon, meatballs, chicken, fresh mozzarella, feta, Kalamata olives, basil pesto, bleu cheese

### *Pasta*

#### **Cavatelli-**

Tossed in house marinara and served with Abo's family meatballs and topped with shaved Parmesan. 15

#### **Sausage Penne-**

Sautéed tomatoes, roasted red pepper and caramelized onion with Italian sausage, tossed in a spicy blush sauce. 18

#### **Nonna's Lasagna-**

Nonna's special recipe lasagna with homemade noodles, sausage and topped with marinara and fresh shaved Parmesan. 17

#### **Ricotta Gnocchi-**

House made gnocchi tossed in a basil pesto cream sauce with fresh tomato and broccoli. 16

#### **Carbonara-**

House made fettucine noodles with crispy bacon and peas in an Alfredo sauce. Served with a fried egg and fresh cracked pepper. 19

#### **Lobster Mac-**

Lobster sauce made with Gruyere and smoked Gouda cheese, orzo pasta and topped with Parmesan bread crumbs. 20

### *Entrees*

#### **Chicken Parmesan-**

Hand breaded chicken served with Capellini pasta and house made marinara sauce. 16

#### **Eggplant Parmesan-**

Hand breaded eggplant served with Capellini pasta and house made marinara sauce. 14

#### **Veal Parmesan-**

Hand breaded veal cutlet pounded thin and served with Capellini pasta & house made marinara sauce. 18

#### **96 Hour Short Rib-**

Served with banana polenta and enochi mushroom hay and topped with a red wine sauce. 17

#### **Fish and Chips-**

Served with hand cut fries, house made tartar sauce and kale slaw. 14

#### **Beverages**

Soda - 2.50  
Iced Tea - 2.50  
Espresso - 2  
Fresh Ground Coffee - 2.50  
Juice - 3

#### *Pasta Add ons*

Grilled Chicken - 4  
Shrimp - 6  
Lobster - 8

#### **ABO'S Specialties**

### *Specialty Pizzas*

Large - 16 XLarge - 21

#### **Mediterranean-**

Blend of Mediterranean spices, garlic oil, arugula, Kalamata olives, artichokes, feta cheese, topped with sundried tomatoes.

#### **Margherita-**

Roma tomatoes and fresh mozzarella topped with house made pesto.

#### **Veggie-**

Spinach, black olives, roasted red peppers, mushrooms, and our signature cheese blend.

#### **Meatball-**

Sliced signature meatballs, roasted red peppers, banana peppers, caramelized onions and our signature cheese blend.

#### **White-**

Garlic oil topped with artichokes, tomato, broccoli, and our signature cheese blend.

#### **BBQ Chicken-**

Chicken breast, Roma tomatoes, caramelized onion and our signature cheese blend drizzled with our house BBQ sauce.

#### **Italian Meat-**

Pepperoni, Italian sausage, meatballs, bacon and our signature cheese blend.

#### **Mad Mushroom-**

Garlic oil, sautéed mushroom blend, blue cheese crumbles topped with arugula.